



COMMUNITY OF



BRINGING
HOPE

TRANSFORMING
LIVES

AUTUMN - NGAHURU **2024**

www.thehopecommunitytrust.org

WEEKLY EVENTS

Monday

Men's Breakfast

Weekly from 8.00am with breakfast served at 8.30am. A place of connection for all men with a cooked breakfast. Rangiora Baptist Church, 111 East Belt, Rangiora. Gold Coin Donation.

Community Garden

Open daily Monday - Friday
9.30am-12.30pm.

Tuesday

Community Garden

Open daily Monday - Friday
9.30am-12.30pm.

Wednesday

Fruit & Vege Co-operative

Weekly pick up between
11.30am-6.30pm,
115 East Belt, Rangiora.

Craft Group

Weekly during School Term 9.45am-11.45am. Bring along your own crafts, additional classes are available please inquire for course pricing. \$3 donation. Rangiora Baptist Church, 111 East Belt, Rangiora.

Community Garden

Open daily Monday - Friday
9.30am-12.30pm.

Community Kai

Community Kai, Wednesday evenings. Doors open at 5.45pm, enough time to get a hot drink and find a table to sit at!

Come along enjoy a 2- course meal
(bonus no dishes to be done!)
- Gold Coin donation

Thursday

Community Garden

Open daily Monday - Friday
9.30am-12.30pm.

Friday

Garden BBQ

Weekly at 11.00am in the Hope Community Garden, 115 East Belt Rangiora, All welcome.

Community Garden

Open daily Monday - Friday
9.30am-12.30pm.

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Managers Musing

I'm not a person who pops in for a visit. I always make contact in advance, to make sure a visit wouldn't be an inconvenience. I am grateful when I have advanced warning of visitors; it gives me time to do a quick tidy up, wipe the bench, remove the fingerprints from the fridge, mop the floor and check the milk hasn't gone off. In reality, a quick tidy-up for me is opening the spare bedroom door, throwing everything in and quickly shutting the door. Out of sight out of mind so they say, until the next time the door is open.

It's tempting to do the same with issues that crop up in life: the unresolved disagreement, the hurt of an overheard comment, delaying a payment, the pain of a relationship breakup, or the disappointment of missing out.

Unprocessed emotions or delaying things can have an accumulative effect just like me shutting the door and walking away.

Tracy

Whether it's emotions, ever-growing piles in a spare room or payments, avoidance only compounds and delays the inevitable.

There is always a cost that goes with the consequences of inaction; whether it's financial, emotional or the quick tidy that turns into a larger and longer tidy.

Daily, we see the results of inaction in requests for food support, financial mentoring, and counselling. Action is always needed to move forward. The first steps are usually the hardest. Here at Hope Community Trust you are not alone. We can walk with you, taking the first steps together, offering hope for a better tomorrow.



Hope Community Trust supports the people of Rangiora and the Waimakariri district by providing wraparound support: Food support, Counselling, Op Shop, Community Garden, Financial mentoring, Hands of Hope (camping ground support) Drug & addiction support.

Fonterra

It was unexpected: one of those moments that leaves you speechless and needing time to process what had happened.

The email started, "Hope you are doing well!" I thought this was a lovely sentiment from someone I'd met once for five minutes. The subject Community Kai. We'd had many groups come to help over the year, so I wasn't surprised by the topic; it was the offer I didn't expect.

The email read: "We are offering to plan a menu, get the ingredients, cook, and serve it". The suggested date was Wednesday 13th of December, our last Community Kai for 2023.

Although Community Kai is held weekly and people have donated items, we have never had an offer like this. We felt slightly overwhelmed and somewhat bewildered; we realised we needed to take a few minutes to process what we had just read. We love Community Kai and its people, but it's a lot of work and the thought of having the last and biggest meal of the year signed, sealed and delivered gave an enormous sense of relief.

After a visit to see the kitchen, the exchange of emails and photos, and a food delivery, the day had arrived. Just after midday, the team started to arrive. Ronel had prepared the kitchen and the food was set up. Aprons were donned, can openers, chopping boards, bowls and salad buckets, knives, and pots at the ready. Ham was glazed, salads made, potatoes prepared, and the BBQ stood at the ready.

Dessert pre-prepared, waiting in the chiller for their time to shine; and they did.

Who were these un-caped heroes who gave generously and unreservedly; this team of people who genuinely liked each other and showed us what the embodiment of a team means? The lead team from Fonterra Darfield. Apparently, I am one of the few people who didn't know there was a Fonterra site at Darfield. I do now.

They not only cooked, cleaned, and barbecued, but Blake the Darfield operations manager provided the evening's entertainment by playing and singing throughout dinner. If that wasn't enough he and Ronel then generously gave donated gift baskets to some lucky attendees.

The Darfield Fonterra site employs more than 330 people, and during peak season processes up to 7.2 million litres of milk daily. They are one of the two biggest cream cheese production sites in New Zealand, producing 4.5 metric tonnes per hour. Darfield is rightfully proud of its cream cheese production. Cheesecake appears to be Darfield's signature dish with it being served both at Community Kai and when we visited the site.

I told them that we normally have approximately 120 for our final Kai of the year. I must have been misheard as we had so many leftovers, that the next day I rang and messaged people I knew who would find the food helpful in terms of food support, not people who attended the dinner, and not foodbank clients. There were quick seal bags of salad and potatoes and peas going in all directions. At least 46 families received food that day. In total over 400 people were fed from the food





Dairy for life

supplied for Community Kai as boxes of potatoes were kept for Operation Christmas dinner.

The staff from Darfield also generously collected and donated food items for the food bank. These were added to by Fonterra who donated butter, cheese, & Primo flavoured milk.

The generosity and goodwill shown to us from not only Fonterra Darfield and its team of 330+ but also from the Fonterra Co-operative was very humbling. As a small community trust in Rangiora doing its best to serve its community being noticed by one of New Zealand's biggest and most well-known companies wanting to participate in our weekly meal still seems a little surreal. We remain incredibly grateful and encouraged that a small community trust and the work it does matters to such a large company.

As the evening finished and attendees were leaving they talked about the amazing food, the music, the decorations, and the atmosphere, but what we heard most was "they were such nice people."

When the dishes were done, the benches wiped, and the leftovers packed away, the lead team who had given so generously of themselves went home, leaving us with a sense of privilege to be part of such an extraordinary day.

Then we finished Community Kai for 2023 and as we do every week, we mopped the floor, turned off the lights and locked the door.

"If you don't accept the first thing you may not get the opportunity to accept the second."

This is a phrase that is often spoken at Hope Community Trust, and it was never truer than in late December. When Fonterra Darfield chose to support Community Kai & donated food to the food bank. Unbeknown to us, the Fonterra Co-operative was running a Xmas giving-tree competition amongst all their sites, where teams could win \$5,000 for the organisation they chose to support. The Darfield site was one of three that were chosen as winners.

Shaheen Junge from Fonterra said, "It all counts and takes a village for communities to thrive."

We are incredibly grateful to Ronel and the lead team at the Darfield site for the opportunity they provided in choosing Community Kai for their Xmas giving project, for without this we would never have the opportunity for the second.



Recently we were invited to visit the Fonterra site at Darfield. Not only did we have a tour of the factory, but the lead team were once again generous with their time and shared a presentation on Fonterra and the Darfield site. The bonus, we were treated to cheesecake & coffee!



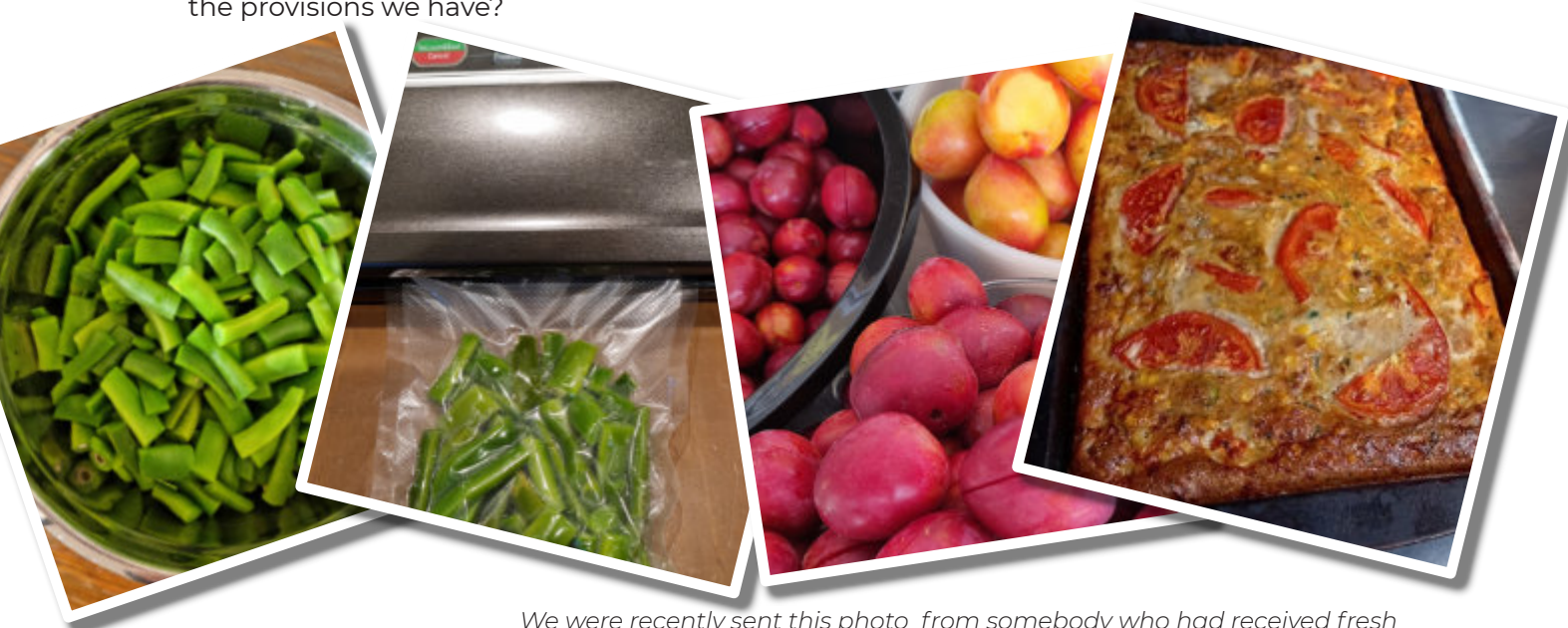
Preparing The Harvest

We consider ourselves fortunate. Produce randomly arrives on the tables outside the food bank, and people often offer their excess. This week it was eggs. Also, a lady has been bringing in green beans freshly picked for several weeks, and we are grateful for it all. It's a good feeling to be able to put fresh produce into food parcels. Frequently people get excited about how they are going to use what they have been given. We often hear the words, "I couldn't afford to buy that!"

We don't like waste and realise the importance of being good stewards of what we have been given. But there is always a next step. We continually ask ourselves: What can we do better? How do we provide the best service that we can? And what is the best way to extend the life of the provisions we have?

Food security has been a focus for the last year. An important part of food security is how to extend the life and reach of fresh produce, particularly seasonal.

We are very thankful to the NZ Baptist Union and Tindell Foundation who have funded our next step. Their grant allowed us to purchase two vacuum sealer machines, bags, and stainless-steel preparation benches. We vacuum packed venison mince from the last delivery and have started vacuum packing any oversupply of fresh vegetables including from the Hope Community Garden. We freeze the vacuum-packed produce to lengthen its life, have supplies on hand for food parcels and increase food security.



We were recently sent this photo from somebody who had received fresh vege & fruit from the foodbank. The result is this beautiful quiche.

Hope Community Trust Stats
Dec 1st 2023 to Feb 29th 2024



9694.89 kg



763+ meals



2608+ people



Brownies in a Jar

There is something special about a homemade gift, and these brownies make the perfect gift. The preparation is mostly done, add two ingredients mix and cook and eat. These taste even better when eaten with friends, combined with good coffee and conversation.

Ingredients

1 ¼ cups plain flour
1 tsp salt
1 tsp baking powder
⅔ cup cocoa powder
¾ cup brown sugar (firmly packed)
¾ cup caster sugar
¾ cup milk chocolate chips
¾ cup white chocolate chips
100 g walnuts, roughly chopped

Instructions

- To make 'brownies in a jar' you'll need a 1 litre glass jar.
- In a small bowl, mix the plain flour, salt and baking powder.
- Carefully spoon half of the flour mixture into the bottom of the glass jar. Gently move the flour around so that you have an even layer.
- Spoon the cocoa powder on top of the plain flour in the jar and spread to create another even layer.
- Spoon the remaining flour mixture over the top.
- Continue to create the layers in the following order - brown sugar, caster sugar, milk chocolate chips, white chocolate chips and finally walnuts.
- Close the lid of the glass jar (if you have any extra space at the top of the jar, simply top up with extra walnuts).

Baking instructions

- Preheat oven to 170 degrees celsius.
- Place all ingredients into a large bowl.
- Add 150g of melted butter & 3 lightly beaten eggs. Mix well.
- Pour the brownie batter into an 18X28cm baking tin. Bake for 25-30 minutes or until cooked through.

Author: Lucy - Bake Play Smile



thank you

A huge thank you to Mill Orchard for your continued support of the Hope Community Trust. Your generosity is very much appreciated.



Welcome Back

Community Kai

On February 28th, we held our first Community Kai of 2024. The pattern from past years told me that it takes six weeks to build up numbers to where we finished off the previous year. I told the team to expect 40, no more than 50 people. When 94 guests arrived I was speechless. It is always good to see familiar faces and the return of our long-time Kai friends. Word is spreading and each week we are seeing new attendees all promising to return, and most do.

We are thankful for the families who donated their unneeded Christmas hams. These were served for the first meal and enjoyed with potatoes, peas, and salad, finished off with pavlova and fruit salad for dessert.

We do ask for a gold coin donation to cover the cost of the meal; we use these donations to purchase food for the following week's Kai.

Community Kai is held weekly on Wednesday evening. Doors open at 5.45pm with dinner served at 6.00pm.

Hope Op Shop

There is something relaxing about op shopping on Saturday mornings. Time appears to slow down, the rush of the week has gone and there is an anticipation of a treasure hunt with bargains to be found. For many, it's family time; an unspoken competition of who can find the best buy and carry the title of family op shopper of the week.

Some shoppers look for sustainable, cost-effective alternatives to buying new, while others just like to browse.

Op shopping takes patience; it can't be rushed. By taking the time to check the racks & shelves you will find items you didn't know you needed!

Hope Op Shop is now open on Saturday mornings from 9.30am – 12.30pm. Amy and her team look forward to welcoming you and helping you find something to cherish.



**community
KAI**

individuals and whānau welcome

2 course meal with the added bonus of no dishes!

A great chance for you to meet new people in our community.

**hope
community trust**

Gold coin donation
111 East Belt Rangiora
Wednesdays from 5.45pm
No booking required
support@hopecommunity.co.nz

Operation Christmas Dinner

42....

42, Christmas dinner parcels containing chicken, carrots, potatoes, peas, treats, sparkling grape juice and fizzy, Pavlova, cream, Christmas pudding or meringues fruit and jelly.

42, stories of sickness, stress, the unexpected, and lack of finances.

42, families grateful, relieved, surprised, and speechless.

Operation Christmas Dinner once again provided Christmas dinner packs for families to prepare, cook, and eat together. But it's the memories made as they prepared, cooked, and ate that added value and magic to the Christmas dinner packs.

We had a family contact us. I had met them several years ago and told them if they ever needed anything to contact us. Some years had passed and due to their circumstance they made contact. We supplied not only presents and food but also showed them care and love.

Another family left us a message saying: *"Thank you so much for the Operation Christmas Dinner parcel it was a huge blessing with so many extra special treats."*

For some, Christmas is void, with no presents, or food, but Operation Christmas Dinner also provides the missing ingredient of hope.

We are thankful for the funds we were provided through our Give a Little campaign and from private donors. Your generosity made a meaningful difference in the lives of families during Christmas.

"Many thanks for the Christmas box! Was so wonderful!"

"Thank you guys so so much you really made a difference to our family bless you all!"



Hope Community Woodend

There has long been a desire for Hope Community Trust to have a presence in the wider community.

counselling, a soup and bun lunch weekly during the winter, a place to provide shelter, a cuppa tea, or a chat.

A physical location within a community gives options to not only serve but also understand ongoing needs.

If you are interested in community and are local to Woodend, we are wanting to talk to you as we grow our volunteer team at the new Woodend hub.

The Woodend, Pegasus and Ravenswood area is one of the fastest-growing areas within Waimakariri, with many households being young families, retirees, or renters. We identified this area as one of developing needs.

Email: support@hopecommunity.co.nz or phone 03 928 3066 to register your interest.

The process of securing a suitable location started eighteen months ago and we have now leased a building in Woodend. Although not big, it's a start and opens up endless possibilities: a community book exchange, playgroup, workshops,



We would like to acknowledge and thank all of our wonderful sponsors who support The Hope Community Trust





The Hope Community Garden

PROPAGATION WORKSHOP

Learn to propagate from a seed. Questions and answers with Trevor Wright.



DATE: Tuesday 26th March

TIME: 10:30am-11.30am

WHERE: The Hope Community Garden. 111 East Belt Rangiora.

HOSTED BY: Trevor Wright

To book a spot please email marketing@hopecommunity.co.nz.



Phone
03 928 3066

Email
sandra@hopecommunity.co.nz

Website
www.thehopecommunitytrust.org



Hope Community Trust offering - Relationship and Couples Counselling

At Hope Counselling, we are here for those of you who want to be heard, we care and we can help you with counselling in all areas including:

- Communication Coaching
- Individual Relationship Counselling
- Break up Recovery
- Work together to parent together
- Resolve and recover from betrayal, infidelity and affairs.

We have funding options available if finances are an obstacle.

ENQUIRE NOW

03 928 3066

support@hopecommunity.co.nz

www.thehopecommunitytrust.org



YOU CAN BECOME A FRIEND OF HOPE


As a not-for-profit organisation, Hope Community Trust relies on community grants, business sponsorship and donations to provide support to our community

SEND YOUR DONATION TO:

03 0674 0012155 00 

Bringing HOPE Transforming LIVES



03 928 3066 

support@hopecommunity.co.nz 

www.thehopecommunitytrust.org 

HUNTERS 4 HOPE

Hunters4Hope is a not-for-profit group of volunteers based in North Canterbury, helping hunters donate their surplus venison trim, to be processed into mince and given to local charities and Foodbanks.

hunters4hope@gmail.com



FIND YOUR LOCAL DROP OFF FREEZER

- **Oxford Ag Services**
106 Harewood Road Oxford
- **Ellesmere Banks Peninsula & Cheviot Transport**
99 Wards Rd, Cheviot
- **Amuri Transport**
56 St. Leonards Rd, Culverden
- **CLAAS Harvest Centre Canterbury & Marlborough**
6 Mt. Cass Rd, Waipara
- **North Canterbury Hunting and Fishing**
343B Flaxton Rd, Rangiora



Please make drop-offs during Business Hours only and identify each bag with name and contact number (tags supplied)